

POOL SCHEDULE

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------|---|---|-----------------------------------|--|--|---|--|
| 6-9 am | Adult Lap Swim & Exercise | Adult Lap Swim & Exercise | Adult Lap Swim & Exercise | Adult Lap Swim & Exercise | Adult Lap Swim & Exercise | Adult Lap Swim & Exercise (8:00 am) | |
| 9-10 am | Water Aerobics | Water Aerobics | Water Aerobics | Water Aerobics | Water Aerobics | Adult Lap Swim | |
| 10-11:30 am | Adult Lap Swim | Swim Lessons | Swim Lessons | Swim Lessons | Swim Lessons | Swim Lessons/ Water Aerobics | |
| 11:30-1 pm | Adult Lap Swim | Adult Lap Swim | Adult Lap Swim | Adult Lap Swim | Adult Lap Swim | Adult Lap Swim | |
| 12-1 pm | ↓ | ↓ | ↓ | ↓ | ↓ | ↓ | Open Swim *2 lap lanes |
| 1-2 pm | Arthritis Aquatics *1 lap lane | Senior Swim *2 lap lane | Arthritis Aquatics *1 lap lane | Home School *2 lap lanes | Arthritis Aquatics *1 lap lane | Open Swim *2 lap lanes | Open Swim *2 lap lanes |
| 2-3 pm | Senior Swim *2 lap lanes | Open Swim *2 lap lane | Senior Swim *2 lap lanes | Open Swim *2 lap lanes | Senior Swim *2 lap lanes | Open Swim *2 lap lanes | Open Swim *2 lap lanes |
| 3-4:15 pm | Open Swim *2 lap lanes | Family Swim *1 lap lane | Open Swim *2 lap lanes | Family Swim *1 lap lane | Open Swim *2 lap lanes | Family Swim *2 lap lanes | Family Swim *2 lap lanes |
| 4:15-5 pm | Swim Lessons *1 lap lane | School – Age CDW *1 lap lanes | Swim Lessons *1 lap lane | School – Age CDW *1 lap lane | Swim Lessons *1 lap lane | Family Swim *2 lap lanes Pool closes at 4:45 | Family Swim *2 lap lanes Pool closes at 4:45 |
| 5-5:45 pm | Swim Lessons *1 lap lane | Mini Swim team 4:45–5:30 *2 lap lanes | Swim Lessons *1 lap lane | Mini Swim team 4:45–5:30 * 2 lap lanes | Swim lessons *1 lap lane | FACILITY CLOSED POOL AVAILABLE FOR PRIVATE RENTALS | |
| 5:45 – 6:30 pm | Swim Lessons Water Aerobics *1 lap lane | Water Aerobics 5:30 *2 lap lanes | Swim Lessons *1 lap lane | Water Aerobics/ Lessons 5:30 *1 lap lane | Open Swim *2 lap lanes | | |
| **6:30 – 7:30 pm | Adult Lap Swim or Swim Team | Adult Lap Swim or Swim Team | Adult Lap Swim & Water Aerobics | Adult Lap Swim or Swim Team Lessons | Open Swim Ends at 7:45 pm *2 lap lanes | | |
| 7:30 – 9 pm | Open Swim *2 lap lanes | Open Swim *2 lap lanes | Open Swim *2 lap lanes | Open Swim *2 lap lanes | | | |
| 9:00 – 9:45pm | Open Swim *2 lap lanes | Open Swim *2 lap lanes | Open Swim *2 lap lanes | Open Swim *2 lap lanes | | | |

